

July 2026

Level 2 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location for Programs: MH = McMillen Hall OA = Oriole Avenue CC = Chestnut Court CC-DR = Chestnut Court Dining Room HC = Hummingbird Courtyard L1C = Level 1 Courtyard MC = Magnolia Courtyard	** Please check the daily sheets on the Recreation Board for changes**	** Programs may change depending on Outbreak or Weather **	1 	2 9:30 Chair Yoga (OA) 10:30 Calendar Chats! 1:30 Canada or US? Game (OA) 3:00 Variety Visits	3 9:30 Gentle Exercise&Dance(OA) 10:30 Resident Council Meeting (MH) 10:30 Brainstorming - Canada (OA) 1:30 Entertainment with Terry Carter (MH) 3:00 Recreation Meeting (CC) 6:30 Anything Goes Visits	4 9:45 Shut the Box (OA) 10:30 Singalong (OA) 2:30 Outdoor Gardening (L1C) 3:30 Plant Care Visits (OA)
5 9:45 Virtual Church Service (MH) 2:30 Hymns on the Piano 3:30 Outdoor Walks	6 9:30 Exercise Class (OA) 10:30 Bible Study with Bud (H) 10:30 YMCA Visits (OA) 1:30 Homewide Bingo (MH) 3:00 Virtual Visits	7 9:30 Helping Hands (OA) 10:30 Garden Party with Barry Mombourquette (HC) 1:30 Outdoor Gardening (MC) 3:15 Friendly Visits	8 9:30 Easy Exercise (OA) 10:30 Roman Catholic Mass (MH) 2:00 Coke vs. Pepsi (OA) 3:00 Nature Therapy 3:45 Plant Care Visits (CC) 5:45 After Dinner Music 6:30 Garden Walks	9 9:30 Chair Yoga (OA) 10:30 Virtual Bible Study (OA) 2:30 Birthday Party with John Pebble (MH) 3:00 Outdoor Strolls 6:30 UNO	10 9:30 Fun Fitness! (OA) 10:30 Song Lyric Scramble (OA) 1:30 Entertainment with The Clements (MH) 3:00 Sit & Socialize 3:45 Plant Care Visits (OA) 5:45 Piano Music (OA) 6:30 Evening Strolls	11 9:45 Morning Mingling! 10:30 Words with Friends (OA) 2:30 Ambiance Room (OA) 3:30 Travelling Styling Station
12 9:45 Church Service with Rev. Ron Birkett (MH) 2:30 Colouring Club! (CC Dining Room) 3:30 Friendly Visits	13 10:30 YMCA Visits (OA) 1:30 Yahtzee with Susanne	14 10:30 Garden Party with Kevin Adams (HC) 1:30 Movie Afternoon (OA) 5:45 Senses & Serenity (OA) 6:30 Anything Goes Visits	15 10:30 Drum Fit (MH) 2:00 Roll-2-Win Game (OA) 2:00 Food Committee Meeting (MH)	16 9:30 Chair Yoga (OA) 10:30 Virtual Church Service (OA) 1:30 Obie Games 3:00 Hallway Chats 5:00 CAR SHOW (Front Parking Lot)	17 9:30 Gentle Exercises & Dance 10:30 FARKLE 1:30 Karaoke Party (MH) 3:15 Plant Care Visits (CC) 6:30 Resident Choice Visits	18 9:45 Left Right Centre (OA) 10:30 Singalong (OA) 2:30 Outdoor Gardening (L1C) 3:30 Plant Care Visits (OA)
19 9:45 Church Service with Rev. Larry Amiro (MH) 2:30 Hymns on the Piano 3:30 Outdoor Walks	20 9:30 Exercise Class (OA) 10:30 Bible Study with Bud (H) 10:30 YMCA Visits (OA) 1:30 Homewide Bingo (MH) 3:00 iPad Fun	21 9:30 Helping Hands 10:30 Garden Party with Jim Young (HC) 1:30 Outdoor Gardening (MC) 3:15 Friendly Visits	22 9:30 Easy Exercise (OA) 10:30 Roman Catholic Mass (MH) 2:00 Christmas Wreath in July 3:45 Plant Care Visits (CC) 5:45 After Dinner Music 6:30 Garden Walks	23 9:30 Chair Yoga (OA) 10:30 How It's Made: Ice Cream (OA) 1:30 Ice Cream Trip 3:00 Your Choice Visits! 6:30 Friendly Visits	24 9:30 Move & Groove Morning! (OA) 10:30 Board Game Bunch! (OA) 10:30 Chair Dancing (MH) 1:30 Entertainment with John Moorhouse (MH) 3:00 Walk & Talks 3:45 Plant Care Visits (OA) 5:45 Piano Music 6:30 Evening Strolls	25 9:45 Saturday Socializing! 10:30 Wacky Wordies (OA) 2:30 Sensory Stimulation (OA) 3:30 Beauty Boutique
26 9:45 Virtual Church Service (MH) 2:30 Colouring Club! (CC Dining Room) 3:30 Friendly Visits	27 9:30 Gentle Exercises 10:30 Bible Study with Bud (H) 10:30 YMCA Visits (OA) 1:30 Matinee Afternoon (MH) 3:00 Friendly Visits	28 9:30 Morning Walks 10:30 Garden Party (HC) 1:30 Creamsicle Floats 2:15 Bell Ringers (OA) 5:45 Relaxation Room (OA) 6:30 Resident Choice Visit	29 9:30 Gentle Exercises 10:30 Word Games 12:00 LEVEL 2 BBQ (HC) 2:00 Bucket Ball (OA) 3:15 Plant Care Visits (CC)	30 9:30 Chair Yoga (OA) 10:30 Virtual Bible Study (OA) 1:30 Happy Birthday, Paul Anka (OA) 3:00 Fresh Air Fun!	31 9:30 Gentle Exercise & Dance 10:30 Word Games 1:30 Entertainment with Cameron Caton (MH) 3:00 Plant Care Visits (OA) 6:30 Variety Visits	

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